

Women's Leadership Circles – Alumni Program



A TRANSFORMATIVE LEADERSHIP PROGRAM FROM isConsulting



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A Creative Collaborative Leadership Journey for Women

The Women's Leadership Circles (WLC) program addresses the issue of women's advancement into senior leadership positions from the angle of supporting and developing women to be their most authentic and powerful selves. While most corporate environments are no longer blatantly hostile, women still navigate unconscious bias (within themselves, from other women, and from men) and multitudes of micro-indignities (also known as "death by a thousand small cuts"). Many women's leadership development programs teach women how to be more like men; and how to play according to the existing norms of environments that are suited to men's norms. This benefits neither organizations nor women as the women struggle for ways to fit in and deny their authentic strengths.

The Women's Leadership Alumni (WLCA) program supports women in accessing dormant inner resources, the resources that lie beneath conditioned habitual personality/ ego patterns, to get to their deeper strengths. It employs a variety of innovative methodologies conducive to women's ways of knowing, learning and being. Participants will build on their work with the Enneagram, from the first WLC program, continuing to gain insights to guide them toward a more integrated life. This will be done through immersive experiences at creative meeting locations to evoke the aesthetic sensibilities. The program will end with a 2-day retreat, held in Mill Valley, CA, where participants will create a Leadership Soul Collage as a culmination of their work in the WLCA program.

Working together as a cohort group for an extended time enables participants to imagine new possibilities for how to show up as leaders. Through the support of the group, 1:1 coaching, small peer group meetings, social activism projects and a unique program design, participants discover new ways of engaging in wholehearted leadership to transform both their personal work experience and the contribution they make to their organizations.

HOW THIS PROGRAM BUILDS ON THE ORIGINAL WLC:

Given participants' previous experience with the WLC methodologies, we are able to drop in faster and deeper into continuing our transformative journey. We build upon learnings in the original program by reinforcing the muscles built there while introducing new practices and concepts to elicit our most authentic and best selves. You can expect the following:

- Deeper Enneagram work to foster further awareness of your reactive tendencies and patterns, and become more skillful at loosening their grip.
- Nature-Based practices to foster an expanded perception of what's going on within and around your world.
- Strengthening presence through activating and balancing the three centers of intelligence: calm mind, open heart and attunement to the gut/instinctual center.
- Contemplative Photography and other Expressive Arts activities to illuminate unique 'genius' - the primal creative urge we are each born with and that is the source of our genuine passion.
- Deliberate engagement in a social action project to become a stronger change-maker within our ecosystems as related to issues around inclusion and gender diversity.
- Greater freedom from the inner critic to enable being a more wholehearted leader with the courage and inner clarity to take appropriate risks and show up more fully.



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WOMEN WHO ENGAGE IN THIS PROGRAM:

- Gain deeper self-awareness.
- Become freer from their “inner critic.”
- Discover their unique ‘genius’ – the primal creative urge that we are born with and that is the source of our genuine passion.
- Become a more wholehearted leader with the courage and inner clarity to take risks.
- Awaken their creativity to respond with a wider and wiser array of choices.
- Become stronger advocates within their ecosystems to promote heightened awareness about, and new solutions to, unconscious bias and other hindrances to gender diversity.

STRUCTURE OF PROGRAM:

- Occurs over a 6-9 month period (depending on the collective availability of cohort members)
- Includes 5 cohort half-day meetings and a 2-day retreat at the end of the program
- Includes individual hour-long coaching sessions with Ipek throughout the program- a total of six hours of 1:1 coaching
- Facilitated monthly peer coaching sessions
- Has weekly short assignments and postings on a private Facebook group page
- Is limited to five participants

GROUP MEETINGS:

ALL SESSIONS WILL BE HALF-DAY STARTING IN NOVEMBER.

Half-day meeting dates and times to be determined by cohort. Meetings to be held in various locations around the San Francisco Bay Area with the first meeting in November.

PROGRAM PRICE:

\$6,950 per participant.

To REGISTER [click here](#).

To learn more about this program please contact Ipek Serifsoy at ipek@isconsultingco.com or 415-305-9184.

Visit isconsultingco.com for more information on isConsulting.

Participant Testimonials



“If you’re anything like me and you got more than you expected from the WLC cohorts, you will love the WLCA! Since we were able to move more quickly into our work we were also able to create relationships which offered deeper insights into my own being. We had amazing experiences and I looked forward to every meeting. Not only did the WLCA work deepen my connection with my leadership vision, it’s a terrific experience!”

Stacie Overbaugh, Senior Director, Product Management, Workday

“WLCA was a great opportunity for me to further explore my true, authentic leadership style. I feel I grew more over WLCA due to the tailored coaching from Ipek and the smaller group meetings. The conversations were deeper, the exercises more specific to our needs, and output incredibly applicable to further developing my career. I highly recommend this program to anyone looking to further develop their true, authentic leadership style.”

Nikki Depold, Site Director, Genentech

“I am an incredible fan of the WLC program, and would recommend it to any woman leader seeking to accelerate her leadership advancement. The well planned 6-month program provided just the right mix of one-on-one personal coaching and group sessions, as well as a curriculum that intertwined both scientific and creative methodologies. The end result is a personalized experience that provides busy leaders the luxury of purposeful time, dedicated to self-reflection and growth. Immediate benefits include realigning on professional aspirations and personal goals, and discovering new ways to demonstrate leadership within my organization. I feel energized by the WLC program, and feel energized for emerging leadership prospects moving forward.”

WLC is ostensibly an empowerment program to help women achieve more fulfilling leadership and work experiences. It is this, yet it is also so much more -- as it provides a source of newfound energy, friendships and strength. Ipek is one of a kind and a true champion of women.”

Nancy Paynter, Director, Genentech



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About Ipek

Ipek is a bridge between the conventional and emergent worlds of business. Her broad and multidisciplinary background enables her to relate to and appreciate traditional business perspectives while introducing clients to novel and innovative thinking, preparing them to embrace intelligent new possibilities in an ever-changing terrain. Ipek's vision and commitment is to a new 50/50 landscape where women contribute to leadership in equal numbers as men. She firmly believes that this more balanced and inclusive ecosystem is a key source of collective wisdom for organizations and society-at-large.

In the past 25 years, Ipek moved from the numbers driven world of investment banking to the human side of business. After ten years on Wall Street, Ipek's journey took her into the world of psychology, spirituality and creativity through which she has woven a unique and highly effective approach to leadership coaching and organizational consulting. In the last year, Ipek took a leadership role in the Deep Coaching Institute, an advanced coach training school that offers an innovative methodology for expanding coaching capacity and changing consciousness.

As part of her career change, Ipek spent a year in seminary, earned an MA in Psychology, a PhD in Organizational Leadership, and completed numerous certification programs including the Enneagram-Based Deep Coaching Certification. She rigorously studied ancient wisdom traditions, leadership, expressive arts, communication, and participative learning methodologies, to develop approaches that awaken our inherent potential and our capacity for greatness. This deep perspective enables Ipek to identify and remove the invisible dynamics that constrict us, and facilitate a shift into greater expansiveness. Ipek is passionate about expanding consciousness at the individual and collective levels to help her clients attain greater effectiveness, satisfaction and flow. Current and past clients who share this commitment are among the most innovative and successful organizations in the world, including: Adobe, Agilent, Applied Materials, BEA Systems, Chevron, EMC, Estee Lauder, Genentech, Oracle, PayPal, Pfizer, Revlon, VMware, Wells Fargo and Workday.



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